

Alzheimer Society

SOUTHWEST PARTNERS

Your *partner* in dementia care in Elgin, Middlesex and Oxford

2022-23 ANNUAL REPORT





Jessica Thomas

Chair, Board of Directors
Alzheimer Society Southwest
Partners

A MESSAGE FROM OUR BOARD CHAIR

Charting a course for the future

As I reflect on my last two years as Chair of the Board for the Alzheimer Society Southwest Partners (AlzSWP), I am reminded of just how far we've come as a unified organization in such a short amount of time. I think about the obstacles that the organization, leadership team and staff encountered along the way. I am proud of the hard work and unwavering dedication to better serving clients along their dementia journey that I've had the pleasure of witnessing first-hand.

I am also excited about what the future holds for the organization as it continues to grow and adjust to meet the needs of our region.

Charting a course for the future of any organization is no trivial task. Earlier this year, the Board of Directors began a regional strategic planning process to address the immediate and longer-term needs of AlzSWP. The unique approach we are taking will be fully inclusive and all-encompassing. To that extent, we are not only seeking input from those currently using our services, but we are also

reaching out to underserved segments of our community who are not currently accessing our programs and services.

Along with working to build stronger strategic partnerships, we have also been looking to strengthen the organization by thoroughly assessing risks and implementing a more formal approach to quality improvement. All of this work will lead to a stronger organization that will be better equipped to meet the growing needs of the region.

On a personal note, I would like to thank the members of the Board of Directors as well as the leadership team, staff and volunteers at AlzSWP for their support and friendships. Chairing the AlzSWP Board of Directors is extremely fulfilling and I'm proud of what we've been able to accomplish working together. I am certain that no matter what challenge is presented to this talented team that they will, as they always have, rise to the occasion and ensure that our clients and their families continue to receive the support and respect they deserve.

OUR MISSION

To alleviate the personal and social consequences of Alzheimer's disease and other dementias and to promote research.

OUR VISION

A world without Alzheimer's disease and other dementias.

A MESSAGE FROM OUR CEO

Pivoting to meet a changing need

No one living with dementia goes unsupported—this simple statement is our guiding light that leads us through any storm we come up against. It is the beacon of hope across our region for people living with dementia and their families.

Like many organizations post-pandemic, we have had our fair share of challenges over the past year. However, despite the hurdles of economic instability, an increase in cases of dementia and a more complex need required by those we serve—true to form—the community has rallied, and our team has pulled together and pivoted to find ways to meet the changing needs of our clients.

We continuously examine and adjust how to use our staff and volunteer workforce to not only best serve our existing clients, but also the more than 150 new ones that walk through our doors each month. Despite the increase in clients, we are deepening our level of support and seeing individuals more frequently.

Although volunteerism in the not-for-profit sector is in decline, we saw a 39% growth in our number of volunteers. These amazing individuals gave almost 16,000 total volunteer hours to help us deliver the high-quality support, care,

education, and advocacy that our clients and their families deserve. We could not do all we do without these selfless individuals.

We expanded in-person therapeutic recreation across the region, growing Minds in Motion®—a fitness and brain stimulation program. Also, we are now delivering The Social—a group recreation program for clients which also provides three hours of weekly respite time for care partners—in London, St. Thomas, Tillsonburg and Woodstock.

Despite current economic uncertainty we saw our community show up in their finest attire and generously give at our first in-person Cabin Fever Reliever gala since the pandemic.

With much unpredictability in the environment around us, it makes it difficult to forecast exactly what is in store for us in the coming years. But what I do know, with absolute certainty, is that no matter what we come up against, our Board of Directors, leadership team, staff and 400 volunteers are up for any challenge and the hard work needed to ensure continued service excellence for our current and future clients.



Carol Walters

Chief Executive Officer
Alzheimer Society Southwest
Partners

OUR IMPACT IN NUMBERS

1,554 NEW
REGISTERED CLIENTS

3,589
TOTAL CLIENTS SERVED

THERAPEUTIC RECREATION PROGRAMS
953 CLIENTS

GROUP RECREATION
THE SOCIAL 152 CLIENTS/WEEK
OTHER PROGRAMS* **183** GROUPS

IN-HOME RECREATION
215 CLIENTS **6,743** VISITS

*Includes Minds in Motion® and virtual recreation

1,343

CLIENT GROUP SESSIONS

This includes clinical support, education and therapeutic recreation client group sessions

21,719

TOTAL CLIENT VISITS

6.05 one-to-one visits per client

431 VOLUNTEERS

15,980 HOURS
DONATED

197
PUBLIC
EDUCATION
SESSIONS

4,669 individuals attended
these free sessions

 **IG** WEALTH
MANAGEMENT
**WALK FOR
ALZHEIMER'S**

560
WALKERS


**CABIN FEVER
RELIEVER**
DINNER @ AUCTION

\$396,450
RAISED

@ALZSWP



4,156 FOLLOWERS



1,483 FOLLOWERS



478 FOLLOWERS



250 FOLLOWERS

OUR IMPACT IN THE COMMUNITY



The Social's Spanish-speaking group has made a huge difference in my mom. Since she started going, she has become more independent, happier and she tells me she feels less lonely. It also gives me time each week to recharge so that I can be a better daughter and care partner for her.

Carolina, Care Partner, Middlesex

I look forward to going to The Social each week and I miss it and the people on the weeks I cannot attend. I enjoy all of the activities and I feel more included because everyone speaks my language.

Lila, Client, Middlesex



While in my undergrad, I took a course on aging and social development that focused on dementia and different recreation therapies that professionals can use with their clients to enhance their well-being and foster meaningful experiences for them. I knew I wanted to play an active role in this profession somehow. Once I graduated, I reached out to the Alzheimer Society Southwest Partners to inquire about any volunteer opportunities they may have...and the rest is history!

As a new volunteer to the organization, I feel honoured to play an active role in my client's life and contribute to their overall well-being.

Jessica, Volunteer, Elgin



The Alzheimer Society Southwest Partners has been a blessing over the past three years.

The CARERs sessions opened my eyes about how to communicate more effectively and how important it is for me to look after myself so that I can better care for my husband. In the support groups, I feel comfortable talking about different situations that arise and usually, heads are nodding because others in the group have been there too. They understand what I'm going through and the support I feel from the group is comforting.

Anne, Care Partner, Oxford



Our community's population is aging, and the Dementia Friendly Communities training offered by the Alzheimer Society Southwest Partners increases our organization's ability to provide better support.

It doesn't take much effort to take a moment of your day to be kind and patient to these individuals. By having a community of people that support those living with dementia, we can help to increase confidence and comfort and allow these individuals to feel safe so they can continue to be active participants in the community.

Sean, Municipality of Middlesex Centre

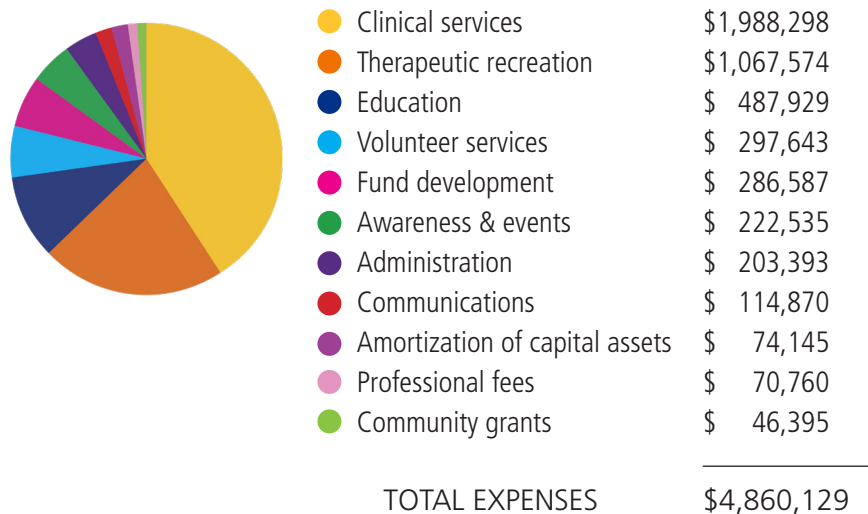
SUMMARY OF FINANCIAL POSITION

This financial summary is an excerpt from the complete financial statements of the organization, which were audited by BDO Canada LLP Chartered Professional Accountants, dated June 23, 2023, and as such does not contain all disclosures required under Canadian standards for not-for-profit organizations.

REVENUE



EXPENSES



Excess (deficiency) of revenue over expenses from operation \$ 635

Other revenue (COVID-19 pandemic subsidies) \$16,046

Excess of revenue over expenses
\$16,681

A copy of the complete financial statements is available from the Alzheimer Society Southwest Partners upon request.

DONOR THANK YOU

\$25,000+

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\$10,000+

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