

# HOW YOUR DONATION HELPS

Our impact in the community

**Alzheimer Society**  
SOUTHWEST PARTNERS



The Social's Spanish-speaking group has made a huge difference in my mom. Since she started going, she has become more independent, happier and she tells me she feels less lonely. It also gives me time each week to recharge so that I can be a better daughter and care partner for her.

**Carolina**, Care Partner, Middlesex

I look forward to going to The Social each week and I miss it and the people on the weeks I cannot attend. I enjoy all of the activities and I feel more included because everyone speaks my language.

**Lila**, Client, Middlesex



While in my undergrad, I took a course on aging and social development that focused on dementia and different recreation therapies that professionals can use with their clients to enhance their well-being and foster meaningful experiences for them. I knew I wanted to play an active role in this profession somehow. Once I graduated, I reached out to the Alzheimer Society Southwest Partners to inquire about any volunteer opportunities they may have...and the rest is history!

As a new volunteer to the organization, I feel honoured to play an active role in my client's life and contribute to their overall well-being.

**Jessica**, Volunteer, Elgin



The Alzheimer Society Southwest Partners has been a blessing over the past three years.

The CARERs sessions opened my eyes about how to communicate more effectively and how important it is for me to look after myself so that I can better care for my husband. In the support groups, I feel comfortable talking about different situations that arise and usually, heads are nodding because others in the group have been there too. They understand what I'm going through and the support I feel from the group is comforting.

**Anne**, Care Partner, Oxford



Our community's population is aging, and the Dementia Friendly Communities training offered by the Alzheimer Society Southwest Partners increases our organization's ability to provide better support.

It doesn't take much effort to take a moment of your day to be kind and patient to these individuals. By having a community of people that support those living with dementia, we can help to increase confidence and comfort and allow these individuals to feel safe so they can continue to be active participants in the community.

**Sean**, Municipality of Middlesex Centre