



ANNUAL REPORT 2018-2019

Support in a time of change

A MESSAGE FROM OUR CEO AND CHAIR

In the dementia experience, the word 'journey' is frequently used to represent the many transitions and transformations a person with a neuro-degenerative condition will encounter. Embarking upon the journey is challenging, at times fearful, and always life-altering. The importance of having a travelling companion along the way can never be understated.

The Alzheimer Society is proud to be that companion, offering the families we serve vital support, education and counselling. We define ourselves by that and it is, in fact, our mission.

With the continued and growing prevalence of Alzheimer's and other dementias, the Alzheimer Society London and Middlesex is striving to meet the demands of the disease; demands that profoundly impact the health system and most importantly, the lives of our clients. Towards that end, we are focusing on building further efficiencies and collaborations. In fiscal 2018-19, three new programs launched; Enhancing Care for Ontario Care Partners, delivered in partnership with the Sinai Health System Reitman Centre and the First Link Care Navigator Program, a component of the Ontario Dementia Strategy and In-Home Therapeutic Recreation. These programs have allowed us to increase our core care capacity. With a 134% increase in clients over the past five years, the importance of our ability and capacity for care and support is obvious. We're thankful for the community rallying to the need with record and near record fundraising results in our two annual signature events – Cabin Fever Reliever and The Walk For Alzheimer's.

This strategic approach to building and strengthening partnerships is also illustrated by the success and

further expansion of our Dementia Program Guide. All organizations in the London and Middlesex dementia service sector are now represented in the guide as well as research participation opportunities (clinical studies/trials) from Western, Parkwood Institute and Lawson Research Institute. Other strategic alliances include the Specialized Geriatric Services of St. Joseph's Health Care London, Western Faculties of Medicine and Health Sciences, BrainsCAN (also at Western) and the South West LHIN Community Support Service agencies.

Indications of efficacy of such collaborations is reflective of the number of referrals – not only are we getting more but most are coming from other agencies as opposed to the self-referral pattern of the past. Another metric of effectiveness, shows considerably lowered wait times. A new client will now have contact with a social worker within a week with our goal of having that first contact in three days.

Suffice to say, the year has been a busy one with many new challenges but also a year of positive results.

We are deeply grateful for the efforts of our dedicated staff, our valued volunteers and our generous sponsors, partners and donors.



Carol Walters, ASLM CEO

A handwritten signature in white ink that reads "Carol Walters".



Laura Buchanan, ASLM Chair

A handwritten signature in white ink that reads "Laura Buchanan".

OUR STORY...

TOLD THROUGH OUR CLIENTS

"We will always remember the kindness and compassion you showed to us when we were working through, and learning about, dad's illness."

- ASLM Client

"I feel like my prayers have been answered. This is just what I needed."

- Sonny (Therapeutic In-Home Recreation Participant)



Lachlan and Mary Jean

"I come home from the sessions way better off than when I went in and last week was especially uplifting."

- Frances (Enhancing Care program participant)

"I didn't realize how much I needed to speak with someone one-to-one last week. Friday's appointment was a great gift, a God-send for me. The high level of patience, care, and kind-hearted, knowledgeable professionalism..."

- Colleen (ASLM Client)



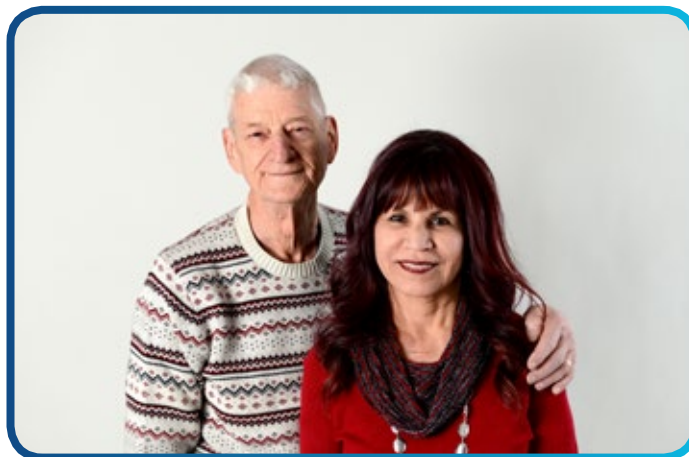
Pearl and Elizabeth

"What a great visit, Mom was so happy. And when she's happy I'm happy. Best day in a long time thanks to you."

- Elizabeth (Therapeutic In-Home Recreation Participant)

"I can't thank all of you at the Alzheimer's Society enough, that support has been amazing. So much meaningful advice, insight, knowledge and it comes right from the heart."

- Kendra (ASLM Client)



Ron and Catherine

OUR IMPACT
2018-2019

ASLM is striving to meet the increasing demands of the dementia population in London and Middlesex¹ including introducing three new programs in 2018-2019

2018 2019

+ Therapeutic In-Home Recreation Program

+ First Link Care Navigator Program

+ Enhancing Care for Ontario Care Partners Program

2753 clients² served in 2018 to 2019 (ending March 31)

905 Persons Living with Dementia (PLWD)

1848 Care Partners (CP)



FUNDING SOURCES

53%	Fund Development
39%	Ministry of Health and Long Term Care
3%	Education
5%	Other

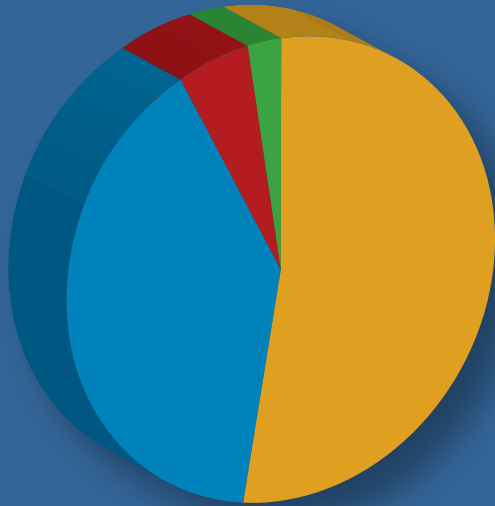
The Alzheimer Society London and Middlesex Mission:
We provide hope, relief and support as we partner with individuals and families throughout their journey with dementia.

1. Our client list has increased 134% in the past 5 years
2. Clients are both persons living with dementia and their care partners
3. MCI participants include the person diagnosed with mild cognitive impairment and a family member
4. Includes Memory Cafés
5. 7 Registered Social Workers and 1 Social Service Worker
6. Based on \$14.00/hour

SUMMARY STATEMENT OF FINANCIAL POSITION

This financial summary is an excerpt from the complete financial statements of the organization, which were audited by BDO Canada LLP Chartered Professional Accountants, dated June 1, 2019 and as such does not contain all disclosures required under Canadian accounting standards for not-for-profit organizations.

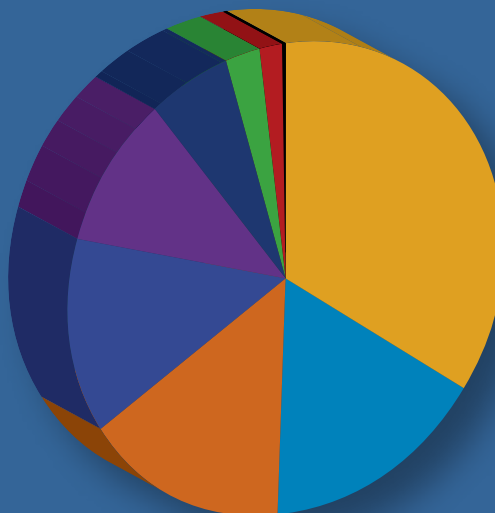
REVENUE



● Fund Development	\$1,030,152
● Ministry of Health & Long-Term Care	\$767,377
● Education Programs	\$44,655
● Other	\$102,554

TOTAL REVENUE **\$1,944,738**

EXPENSES



● Social Work Program	\$679,784
● Fund Development Program	\$310,324
● Education and Communications	\$304,907
● Volunteer and Support Services	\$260,919
● Awareness and Events	\$199,986
● Administration	\$111,213
● Amortization of Capital Assets	\$47,918
● Professional Fees	\$33,390
● Community Grants	\$2,999

TOTAL EXPENSES **\$1,951,440**

EXCESS (DEFICIENCY) OF REVENUES OVER EXPENSES BEFORE OTHER EXPENSE
(\$6,702)

A copy of the complete financial statements is available from the Alzheimer Society upon request.

THANK YOU TO OUR SUPPORTERS!

We gratefully acknowledge our supporters and donors who have made a contribution of \$1,000 and over as well as those who have committed a monthly gift between April 1, 2018 and March 31, 2019

OUR MAJOR DONORS

\$25,000+

The Ontario Trillium Foundation
Liisa and Richard Buren

\$10,000+

Alzheimer Society of Ontario
Canada Life
The London Community Foundation

Doris Anna Foster Family Fund

Elizabeth C. Taylor Memorial Fund

Richard and Beryl Ivey Fund

Lutheran Social Services (London)
The Sifton Family Foundation
Sunningdale Golf & Country Club

Louise and Gordon Thompson

Tim Hortons

Bernadine Van Bussel

The Westminster College Foundation

\$5,000+

Sue Carlyle and David Southern

The Centre for Aging and Brain Health Innovation

Ann and Bill Fleming

Jo-Anne and Richard Hammond

Debbie and Bob Schram

Dr. Jennie Wells

\$2,500+

The Congregation of the Sisters of St. Joseph in Canada

David Greene

Paul and Sarah Hammond

Jones Packaging Employee's Association

Laskey Properties Inc.

Sheilah Scrocchi

Wendy Thompson

United Way of Greater Toronto

Carol and Charlie Walters

\$1,000+

Phillip Butterworth

CIBC Mellon Global Securities Services

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Gloria and Roger Faulkner

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Trish Fulton and Paul Cocker
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Jona Holdings Inc.
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The Strategic Charitable Giving Foundation

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Arbor Trace Memory Care Center

Bayshore Home Health

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PartnerIT

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Refcio & Associates

Scotia Wealth Management - Van Simpson

Scotiabank

Senior Homecare By Angels

Sifton Retirement Residences

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Western University

Whitehills Animal Hospital

GIFTS IN KIND

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Rock Free FM

Corus Radio - AM980, FreshFM

Lori and Wayne Howard

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Oxford Dodge

Post Media - The Londoner

Producers Post - Craig Davis

The Works Gourmet Burger

Bistro

TSC Stores

Margie and Phil Denomme

D.J. and Natalie Williams

COMMUNITY EVENTS

Alzheimer Western Club

Best Western Plus

Lamplighter Inn - Chef's Table

Forest City Road Races

Ketolibrary Grand Opening

Mosaic Beach Volleyball

Tournament

London Bridge Centre Day of Bridge

Parkview Public School

Entrepreneurial Adventure

RBC Wealth Management

Dominion Securities Coffee Break

Transportation Maintenance and Technology Association

Golf Tournament

Wintersong Concert

PLANNED GIFTS

Barbara Kaiser

Helen Plaunt

BEQUESTS

Estate of Barbara Elizabeth

Van Egmond

Estate Of Mabel Westlake

Estate of Paul Gilmore Ellis

GOVERNMENT

City of London Community

Grants Program

Government of Canada -

Enabling Accessibility Fund;

Canada Ontario Job Grant

Government of Ontario -

Ministry of Health and Long-

Term Care, South West Local

Health Integration Network

MONTHLY DONORS

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2018 WALK FOR ALZHEIMER'S

(\$1000+ RAISED)

Melanie Alward

Alz Palz

Christine Barker

Brianne Bell

Dina Boone

Bruce and Loretta's Team

BT's Team

Cathy Burgar

Ernee's Kids

Janet Fleet

Forget-Me-Naughties

Gibbons Family

Henley Place

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Reymers Remember

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Team Furlong

Team Optimistics

Team Rita

The Cognitive Enhancers

London

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Total Recall

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Aimee Tyler-Smith

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Weber Wobblers

Westmount Walks for

Memories

Whatshername

Rachel White

Tanya Wickett

Windermere on the Mount

Bruce Wray

Support in a time of change

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www.alzheimerlondon.ca

STAFF

Dina Boone - Intake Coordinator
Rose Brochu - Accounting & Operations Manager
Aaron Brown - Events & Communications Coordinator
Anthony Carapinha - Registered Social Worker
Cathy Cherry - Reception/Executive Assistant
Jami Finlay - First Link Care Navigator
Jennifer Hale - Manager of Volunteer & Social Recreation Services
Brooke Hurley - Registered Social Worker
Jackie Long - Administrative/Intake Assistant
Nicole Madigan - Registered Social Worker
Tamara Nelson - Social Recreation Coordinator
Nancy O'Regan - First Link Program Manager
Susan Oster - Public Education Coordinator
Jenn Pruder - Social Recreation Coordinator
Leslie Rand - Fund Development Manager
Hannah Singer - Enhancing Care Counsellor
Debbie Sutton - Reception/Administrative Assistant
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Michael Wojtowicz - Donor Database Officer
Bruce Wray - Communications Manager
Paul Yost - Registered Social Worker

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Alzheimer Society
LONDON AND MIDDLESEX™

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