



Welcome - we will begin shortly!

All participants have been muted and your video cameras are off.

Thank you for joining us via Zoom Webinar!

We are excited to be able to offer education during these times of self-isolation and physical distancing.

NOTE: The presentation portion of this webinar is being recorded and will be archived for future viewing.

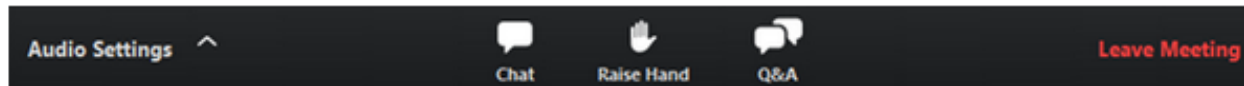
This education presentation is for your knowledge building.

As everyone's situation is unique, the information provided in this presentation is for educational purposes and not specific advice for your situation.

Once we get started, we will do our best to answer your general questions at the end of the presentation:

For questions for the **PRESENTER**: please type them in the **Q&A** box (we'll have Q&A time at the end)

For questions/challenges with Zoom/using the webinar technology: please type them in the **CHAT** box



Today's Webinar

"Be prepared - not scared"



Dr. Ron Posno
B.A. (Hon), M.Ed., Ed.D.
Alzheimer Society client
and dementia advocate



Laura Geddes
B.Sc. LL.B
Lawyer, Siskinds

June 5, 2020

This webinar is presented in partnership with **SISKINDS** THE LAW FIRM

"Be prepared - not scared"*

OR...

**"Get real, get
ready, get a
plan"**



**with thanks to Louise Milligan*

GET REAL



GET THE
FEAR
OUT

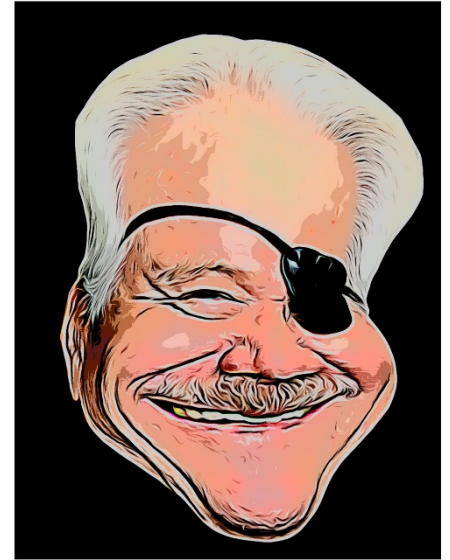
Fear is based on
ignorance or prejudice

REALITY



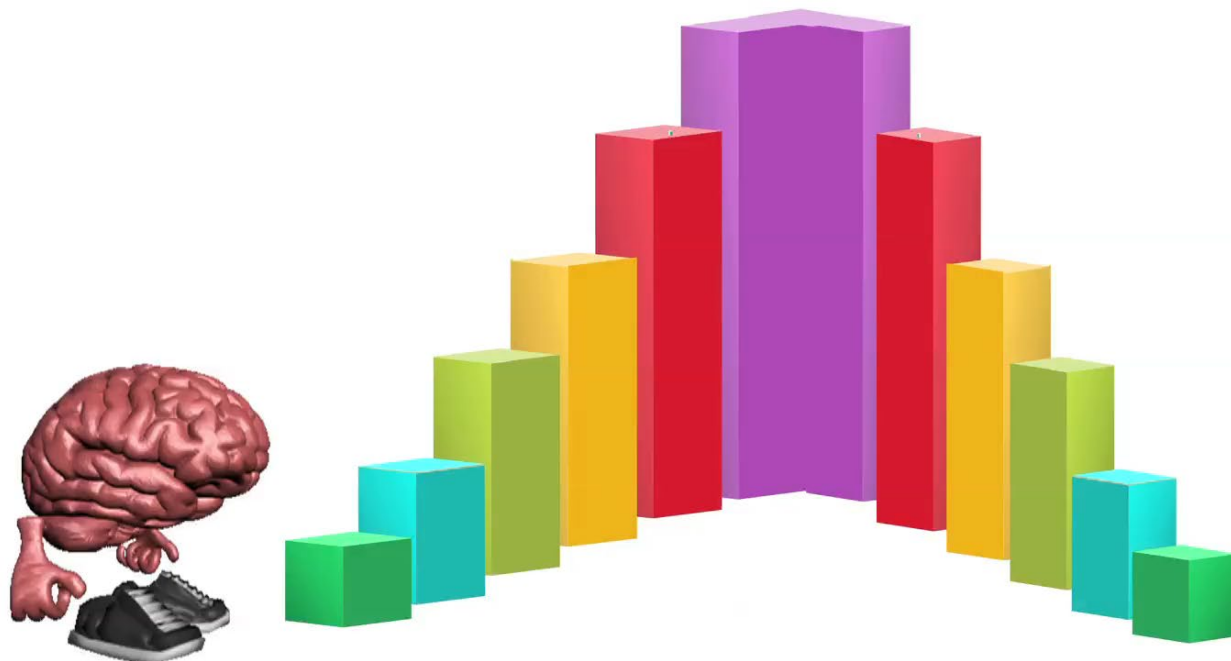
Before

- Same after the assessment as the day before
- There are years after when you can do something



After

PROGRESSION



CHANGE REALITIES

INDEPENDENCE



**COMPLETE
DEPENDENCY**

CHANGE REALITIES

THREE STAGES

MILD
(Early)

Nuisances

MODERATE
(Middle)

Problems

SEVERE
(Last)

Help Needed

GET READY



BALANCE



Your Planning Outline

| | A | B | C | D |
|---|-------------------------------------|-------------------------------------|---|-----------------|
| 1 | STAGES | EARLY | MIDDLE | LAST |
| 2 | RESIDENTIAL CHOICES - COSTS: | House or Condo | Apartment - Retirement Home | Long Term Care |
| 3 | RESIDENTIAL MODIFICATIONS: | Stairs Doorways Cupboards | Grab Bars - Bathrooms - Beds | |
| 4 | TRANSPORTATION COSTS: | Automobile (Standard/Ai) | Taxi - Public Transit | |
| 5 | FOOD COSTS: | Home Prepared | Store Prepared | Meals On Wheels |
| 6 | PERSONAL NEEDS: | Medical/Drug | Orthopaedic Devices - Fitness | Safety |
| 7 | COMMUNICATION COSTS: | Telephone - Internet - | Television - Streaming - Newspapers | |
| 8 | RECREATIONAL COSTS: | Travel - Restaurant - Entertainment | | |



GET YOUR PLAN



1. CONSOLIDATE ALL YOUR READINESS FACTORS

2. CREATE YOUR 'WILL'

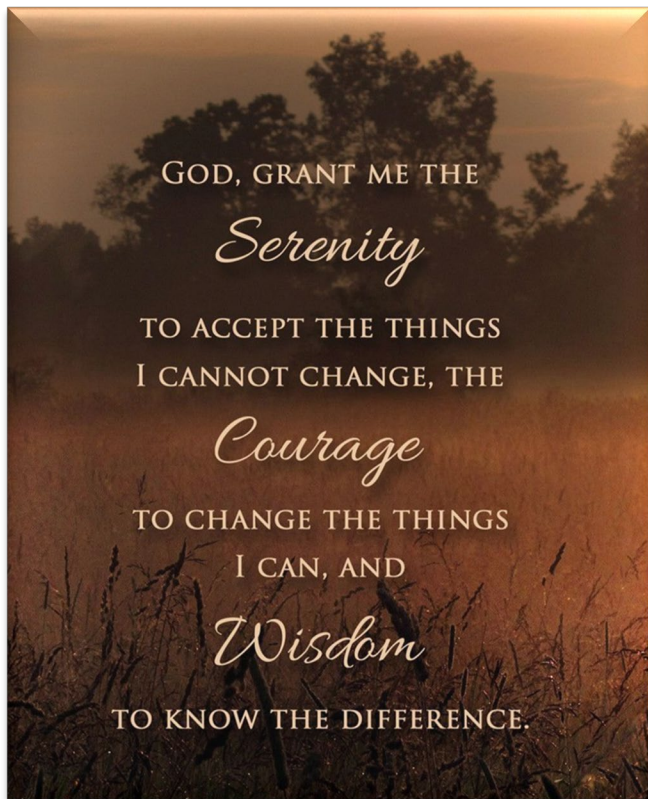
- BASIC ESTATE PLAN
- POWER OF ATTORNEY
- (FINANCE *and* HEALTH)
- SUBSTITUTE DECISION MAKER
- CARE PLAN

FINAL RESPONSIBILITY ...

COMMUNICATE! COMMUNICATE! COMMUNICATE!

- Family
- Lawyer
- Doctor
- Friends





REACH OUT

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Thank you for joining us for today's webinar!

