

Alzheimer Society

S O U T H W E S T P A R T N E R S

In-Home Recreation Program

Staff & Client

Consists of a 2-hour weekly visit, for a duration of 12 weeks. This program offers personal visits from a Therapeutic Recreation Specialist, who will facilitate a variety of person-centered recreation and leisure-based activities, in the comfort of your own home.

Eligible clients will be scheduled once a week, for a time slot of 1.5 hours. The day and time will be consistent each week. Time slots available include: 9:30am, 11:30am, or 1:30pm.

After completion of the 12-week program, the Therapeutic Recreation Specialist will provide the client and care partner with leisure education opportunities and/or further recreation opportunities within the Alzheimer Society Southwest Partners.

Volunteer & Client

Consists of a 1 hour (virtual) or 2 hour (in-person) visit, matched with a trained volunteer. The volunteer and the client meet weekly, to engage in a variety of person-centered recreation and leisure-based activities.

Regardless of the delivery method chosen, the In-Home Recreation Coordinator will promptly connect with the client and care partner to complete a recreation and leisure assessment. This assessment will help develop a holistic approach to implementing recreation and leisure pursuits.

Admission Criteria

Individuals need to be referred to the program from a Social Worker within the Alzheimer Society Southwest Partners. The assigned Social Worker will assess clients on an individual basis to observe and collect data regarding the appropriateness to engage in the In-Home Recreation program.

Discharge From Program

A client will be discharged from the program if:

- The client is unable or unwilling to engage in therapeutic recreation programs
- Client's home is unsafe and there are potential environmental risks and hazards
- Client is experiencing various personal expressions
- Client moves into assisted living (eg. Retirement Home) or Long-Term Care Home
- Change in client's health condition/needs that affects the ability to participate
- High level of personal care needs required
- Clients and/or care partners have expressed that the In-Home Recreation Program is ineffective
- If the individual is hospitalized: The individual will be placed on hold for up to 4 weeks. After 4 weeks, if the client is still in hospital, the individual will be discharged.
- 3 missed sessions OR continuous patterns of visit cancellations without notification/cancellation within a 6-week time frame results in discharge from program

COVID-19 Related Policies

The In-Home Recreation program adheres to all COVID-19 policies and procedures, to ensure the upmost safety of our clients, care partners, volunteers, and staff members. COVID-19 screening questions are

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completed prior to in-person programming. In addition, appropriate personal protective equipment (PPE) and disinfectant processes are implemented for all in-person interactions.

Contact Information

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