







## Have you had changes in your memory?

## Are you feeling forgetful?



- √ Are you 60 years old or older?
- ✓ Do you have trouble remembering things?
- ✓ Do not have Alzheimer's Disease?

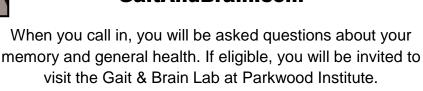
## Would you like to be part of a research study?

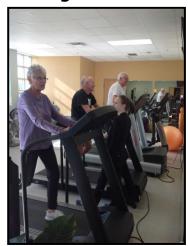


Dr. Montero-Odasso invites you to take part in a physical exercise study that may help to improve your memory and mobility.

For more information, contact (519) 685 4292 ext. 42179

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## Principal Investigator: Dr. Montero-Odasso, Geriatric Medicine, LHSC